

NOVEMBER 2025

Big Oak Flat Unified School District

MENU SUBJECT TO CHANGE
Served Daily – Fruits, Graham
Crackers Choice of Cereal,
Yogurt, Milk

Monday

Tuesday

Wednesday

Thursday

Friday



3

Scrambled Eggs & Toast
Choice of Cereal,
Fresh Fruit, Yogurt,
Graham cracker

4

Parfait of the Day
Choice of Cereal,
Fresh Fruit, Yogurt,
Graham cracker

5

Croissant Breakfast sandwich
Choice of Cereal,
Fresh Fruit, Yogurt,
Graham cracker

6

Apple Strudel
Choice of Cereal,
Fresh Fruit, Yogurt,
Graham cracker

7

Honey Bun
Choice of Cereal,
Fresh Fruit, Yogurt,
Graham cracker

10

Bagel & Cream Cheese
Choice of Cereal,
Fresh Fruit, Yogurt,
Graham cracker

11

NO
SCHOOL

12

Sausage English Muffin
Choice of Cereal,
Fresh Fruit, Yogurt,
Graham cracker

13

Smoothie
Choice of Cereal,
Fresh Fruit, Yogurt,
Graham cracker

14

French Toast Sticks
Choice of Cereal,
Fresh Fruit, Yogurt,
Graham cracker

17

Oatmeal
Choice of Cereal,
Fresh Fruit, Yogurt,
Graham cracker

18

Parfait of the Day
Choice of Cereal,
Fresh Fruit, Yogurt,
Graham cracker

19

Croissant Breakfast sandwich
Choice of Cereal,
Fresh Fruit, Yogurt,
Graham cracker

20

Biscuit & Gravy
Choice of Cereal,
Fresh Fruit, Yogurt,
Graham cracker

21

Cinnamon Roll
Choice of Cereal,
Fresh Fruit, Yogurt,
Graham cracker

24

**Thanksgiving
Break**

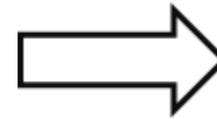
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