

SEPTEMBER 2023

MENU SUBJECT TO CHANGE Served Daily: Milk, Fruit, Yogurt, Granola and /or Graham crackers

Big Oak Flat Groveland Unified School District

Friday Monday Tuesday Wednesday **Thursday** Blueberry Muffin Choice of Cereal Fresh Fruit, Yogurt Granola, Graham cracker French Toast Sticks Cinnamon Oatmeal Pancake on a Stick Biscuits& Gravy w/ Sausage HB Egg Choice of Cereal Choice of Cereal NO Fresh Fruit, Yogurt Fresh Fruit, Yogurt Choice of Cereal **SCHOOL** Choice of Cereal Fresh Fruit, Yogurt Granola, Graham cracker Granola, Graham cracker Fresh Fruit, Yogurt Granola, Graham cracker Granola, Graham cracker 11 13 15 14 **Breakfast Bowl** Pancake & Egg Banana Bread Benefit Bar (Egg, Potato & Biscuit) Yogurt/ Strawberry Parfaits Choice of Cereal Fresh Fruit, Yogurt Granola, Graham cracker 20 Biscuits& Gravy w/ Sausage 18 Pancake on a Stick 22 French Toast Sticks Cinnamon Oatmeal Blueberry Muffin Choice of Cereal HB Egg Choice of Cereal Choice of Cereal link Choice of Cereal Fresh Fruit, Yogurt Fresh Fruit, Yogurt Fresh Fruit, Yogurt Choice of Cereal Granola, Graham cracker Fresh Fruit, Yogurt Granola, Graham cracker Granola, Graham cracker Fresh Fruit, Yogurt Granola, Graham cracker Granola, Graham cracker Pancake & Sausage 29 25 27 28 Yogurt/ Strawberry Parfaits 6 Benefit Bar **Breakfast Bowl** Banana Bread Choice of Cereal (Egg. Potato & Biscuit) Choice of Cereal Choice of Cereal Choice of Cereal Choice of Cereal Fresh Fruit. Yogurt Fresh Fruit. Yogurt Fresh Fruit. Yogurt Fresh Fruit, Yogurt Fresh Fruit, Yogurt Granola, Graham cracker Granola, Graham cracker Granola, Graham cracker Granola, Graham cracker Granola, Graham cracker

