

# SEPTEMBER 2025

## Big Oak Flat Unified School District

**MENU SUBJECT TO CHANGE**  
 Served Daily – Fruits, Graham  
 Crackers Choice of Cereal,  
 Yogurt, Milk

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

**NO  
SCHOOL**

Parfait of the Day  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Sausage McMuffin  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Smoothie  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Cinnamon Roll  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Biscuit & Gravy  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Parfait of the Day  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Bagel Breakfast Sandwich  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Homemade Seasonal Muffin  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

French Toast Sticks  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Oatmeal  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Parfait of the Day  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Sausage Biscuit  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Smoothie  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Honey Bun  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Bagel & Cream Cheese  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Parfait of the Day  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Croissant Breakfast Sandwich  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Smoothie  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Coffee Cake  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Biscuit & Gravy  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

Parfait of the Day  
 Choice of Cereal,  
 Fresh Fruit, Yogurt,  
 Graham cracker

