



# SEPTEMBER 2025

## Big Oak Flat Unified School District

MENU SUBJECT TO CHANGE  
Served Daily Milk, Salad cart  
Choice of fruits, vegetables  
Protein items

Monday

Tuesday

Wednesday

Thursday

Friday

**NO  
SCHOOL**

1

Nacho  
Or  
Taqitos  
Salad cart choices

2

Kung Pao Chicken &  
Fried Rice  
Or  
Ham & Cheese Croissant  
Salad cart choices

3

"Make Your Own"  
Pasta Bar  
(Choice of noodles, sauce, protein)  
Salad cart choices

4

Pizza  
Or  
Corndog w/ chips  
House Salad

5

Pancakes & Sauge  
Or  
Personal Pizza  
Salad cart choices

8

Tostada  
Or  
Burrito  
Salad cart choices

9

Chicken Nuggets &  
Rice Pilaf  
Or  
Mozz sticks  
Salad cart choices

10

Lasagna roll-up  
Or  
Corn dog  
Salad cart choices

11

Pizza  
Or  
Jumbo Pretzel  
House Salad

12

Korean Beef & Rice  
Or  
Hotdog w/ chips  
Salad cart choices

15

Walking Taco  
Or  
Taqitos  
Salad cart choices

16

Orange Chicken &  
Fried Rice  
Or  
Ham & cheese Croissant  
Salad cart choices

17

Country Buffet  
(Chicken nuggets, mashed  
potatoes & gravy, corn, roll)  
Salad cart choices

18

Pizza  
Or  
Pancakes & sausage  
House Salad

19

Chicken & Waffles  
Or  
Personal Pizza  
Salad cart choices

22

Taco Bowl  
(Beef)  
Or  
Burrito  
Salad cart choices

23

Chicken Nuggets  
& Garlic Bread  
Or  
Mozz Sticks  
Salad cart choices

24

Breakfast Buffet  
(Eggs, sausage, hash brown  
& Biscuit)  
Salad cart choices

25

Pizza  
Or  
Chicken Patty Sandwich  
House Salad

26

Korean Beef & Rice  
Or  
Hotdog w/ chips  
Salad cart choices

29

Nacho  
Or  
Taqitos  
Salad cart choices

30

USDA Requirements: A complete meal consist of 5 items (protein, grain, fruits, vegetable and fluid milk)  
Students must choose 3 with 1 being at least ½ cup fruit &/ or vegetables.